

Typical Term Itinerary



	<u>Topic</u>	<u>Examples</u>
Week 1	Ball Control	Receiving the ball at pace & in tight areas, creating space for yourself with a good touch & more
Week 2	Ball Mastery & Dribbling	Dribbling using different methods, retaining complete control while moving at pace & more
Week 3	1 on 1's	How to beat a defender, drawing them in, using a change of pace, use of skills & more
Week 4	Build Up Play	Using your teammates to build up play throughout the pitch, creating attacks & more
Week 5	Attacking in Wide Areas	Playing the ball into wide areas, creating chances, scoring from crosses & more
Week 6	Finishing	Different shooting scenarios, first time shots, powerful strikes, accurate finishing & more
Half Term		
Week 7	Team Possession	Keeping possession under pressure, having composure, movement to create passing options & more
Week 8	Attacking Movement	Having spacial awareness, using movement to create openings & scoring opportunities for your team & more
Week 9	Defending	Having an organised defence with a structured formation, knowing when to press, stand off, tackle, block & more
Week 10	Transitions	How to react in transitions of possession. Attack into defence & defence into attack. Reading the game quickly & more
Week 11	Counter Attacks	Understanding when opposition is vulnerable to a fast counter attack & how to execute it. Fast, effective attacking play & more
Week 12	Tournament	Multiple teams will be made for an end of term tournament. Medals for the winning team & trophies for the player of the tournament & the player of the term